



S.A. LITTLE ATHLETICS ASSOCIATION INC.

★★★★★ 2013-2014 ★★★★★

ACHIEVEMENT AWARD

Proudly sponsored by



How the locals like it™

AIM OF THE AWARD

In the true tradition of Little Athletics, the Achievement Award is designed to impress upon the children, the importance placed on the aspect of self-improvement. In accepting this concept, every child participating in Little Athletics potentially becomes a winner.

Regardless of ability level, the child is set a predetermined goal — to improve upon previous best performance in any event contested. Irrespective of where they may be placed provided Little Athletes have achieved this goal, the Achievement Award recognises the achievement by placing them on a higher position on the scoring table.

HOW AN AWARD MAY BE WON

Within each age group, there are five levels of achievement, each signified by the number of stars appearing on the badge and / or certificate. Unlike many standards schemes, this scheme utilizes a finely calibrated scoring table which continually challenges the participant to strive for the next higher level of achievement.

Following competition each week, the child should be encouraged to record his / her performances on the Scoring Table to determine the number of points gained in each event contested. For this purpose, it is suggested that athletes shade-in (perhaps using different colours for each event), the columns relating to the particular events, up to and including, the best performance.

The child may then choose any three events (one track and two field, or vice versa), to give them the maximum number of points. These points, according to the particular age group, are then compared with the Award Levels chart to determine the level of achievement gained.

Tiny Tots and Junior Athletes in U16 & U17 age groups are eligible to claim an Achievement Award Certificate and Achievement Badge.

HOW TO CLAIM AN AWARD

All claims must be submitted to, and verified by the Centre Recorder who will then forward them on to the Association Office. Certificates are free, but applicants requiring track-suit badges must include \$1.50 with their claims.

Centres are required to submit all applications to
the Executive Officer,
S.A.L.A.A., P.O. Box 146,
Torrensville Plaza, 5031.
Closing date Wednesday 5th March, 2014.

SCORING TABLE

POINTS	RUNNING						HURDLES				WALKS		JUMPS			THROWS		
	70m	100m	200m	400m	800m	1500m	60m	80m	90m	100m	1100m	1500m	High	Long	Triple	Shot	Discus	Jav.
80	8.5	12.5	25.0	0.52	2.15	4.45	9.0	12.5	13.2	15.0	6.16	7.20	1.70	5.70	11.70	11.80	35.00	37.00
79	8.6	12.6	25.2	0.53	2.16	4.48	9.1	12.6	13.4	15.2	6.20	7.24	1.68	5.60	11.55	11.60	34.50	36.00
78	8.7	12.7	25.4	0.54	2.18	4.51	9.2	12.7	13.6	15.4	6.24	7.28	1.66	5.50	11.40	11.40	34.00	35.00
77	8.8	12.8	25.6	0.55	2.19	4.54	9.3	12.8	13.8	15.6	6.28	7.32	1.64	5.40	11.25	11.20	33.50	34.00
76	8.9	12.9	25.8	0.56	2.21	4.57	9.4	12.9	14.0	15.8	6.32	7.36	1.62	5.30	11.10	11.00	33.00	33.00
75	9.0	13.0	26.0	0.57	2.22	5.00	9.5	13.0	14.2	16.0	6.36	7.40	1.60	5.20	10.95	10.80	32.50	32.00
74	9.1	13.1	26.2	0.58	2.24	5.03	9.6	13.1	14.4	16.2	6.40	7.44	1.58	5.10	10.80	10.60	32.00	31.50
73	9.2	13.2	26.4	0.59	2.26	5.06	9.7	13.2	14.6	16.4	6.44	7.48	1.56	5.00	10.65	10.40	31.50	31.00
72	9.3	13.3	26.6	1.00	2.28	5.09	9.8	13.3	14.8	16.6	6.48	7.52	1.54	4.90	10.50	10.20	31.00	30.50
71	9.4	13.4	26.8	1.01	2.30	5.12	9.9	13.4	15.0	16.8	6.52	7.56	1.52	4.80	10.35	10.00	30.50	30.00
70	9.5	13.5	27.0	1.02	2.32	5.15	10.0	13.5	15.2	17.0	6.56	8.00	1.50	4.75	10.20	9.80	30.00	29.50
69	9.6	13.6	27.3	1.03	2.34	5.18	10.1	13.6	15.4	17.2	7.00	8.04	1.48	4.70	10.05	9.60	29.50	29.00
68	9.7	13.7	27.6	1.04	2.36	5.21	10.2	13.7	15.6	17.4	7.04	8.08	1.46	4.65	9.90	9.40	29.00	28.50
67	9.8	13.8	27.9	1.05	2.38	5.24	10.3	13.8	15.8	17.6	7.08	8.12	1.44	4.60	9.75	9.20	28.50	28.00
66	9.9	13.9	28.2	1.06	2.40	5.28	10.4	13.9	16.0	17.8	7.12	8.16	1.42	4.55	9.60	9.00	28.00	27.50
65	10.0	14.0	28.5	1.07	2.42	5.32	10.5	14.0	16.2	18.0	7.16	8.20	1.40	4.50	9.45	8.80	27.50	27.00
64	10.1	14.1	28.8	1.08	2.44	5.36	10.6	14.1	16.4	18.2	7.20	8.24	1.38	4.45	9.30	8.60	27.00	26.50
63	10.2	14.2	29.1	1.09	2.46	5.40	10.7	14.2	16.6	18.4	7.24	8.32	1.36	4.40	9.15	8.40	26.50	26.00
62	10.3	14.3	29.4	1.10	2.48	5.44	10.8	14.3	16.8	18.6	7.28	8.36	1.34	4.35	9.00	8.20	26.00	25.50
61	10.4	14.4	29.7	1.11	2.50	5.48	10.9	14.4	17.0	18.8	7.32	8.40	1.32	4.30	8.85	8.00	25.50	25.00
60	10.5	14.5	30.0	1.12	2.52	5.52	11.0	14.5	17.2	19.0	7.36	8.48	1.30	4.25	8.70	7.80	25.00	24.50
59	10.6	14.6	30.4	1.13	2.54	5.56	11.1	14.6	17.4	19.2	7.40	8.52	1.28	4.20	8.55	7.60	24.50	24.00
58	10.7	14.7	30.8	1.14	2.56	6.00	11.2	14.7	17.6	19.4	7.44	9.00	1.26	4.15	8.40	7.40	24.00	23.50
57	10.8	14.8	31.2	1.15	2.58	6.04	11.3	14.8	17.8	19.6	7.48	9.08	1.24	4.10	8.25	7.20	23.50	23.00
56	10.9	14.9	31.6	1.16	3.00	6.09	11.4	14.9	17.9	19.7	7.52	9.16	1.22	4.05	8.10	7.00	23.00	22.50
55	11.0	15.0	32.0	1.17	3.02	6.12	11.5	15.0	18.0	19.8	7.56	9.24	1.20	4.00	8.00	6.80	22.50	22.00
54	11.1	15.1	32.4	1.18	3.04	6.16	11.6	15.1	18.1	19.9	8.00	9.32	1.18	3.95	7.90	6.60	22.00	21.50
53	11.2	15.2	32.8	1.19	3.06	6.20	11.7	15.2	18.2	20.0	8.04	9.40	1.16	3.90	7.80	6.40	21.50	21.00
52	11.3	15.3	33.2	1.20	3.08	6.24	11.8	15.3	18.3	20.1	8.08	9.48	1.14	3.85	7.70	6.20	21.00	20.50
51	11.4	15.4	33.6	1.21	3.10	6.28	11.9	15.4	18.4	20.2	8.12	9.56	1.12	3.80	7.60	6.00	20.50	20.00
50	11.5	15.5	34.0	1.22	3.12	6.32	12.0	15.5	18.5	20.3	8.16	10.04	1.10	3.75	7.50	5.90	20.00	19.50
49	11.6	15.6	34.4	1.23	3.14	6.36	12.1	15.6	18.6	20.4	8.20	10.12	1.08	3.70	7.40	5.80	19.50	19.00
48	11.7	15.7	34.8	1.24	3.16	6.40	12.2	15.7	18.7	20.5	8.24	10.20	1.06	3.65	7.30	5.70	19.00	18.50
47	11.8	15.8	35.2	1.25	3.18	6.44	12.3	15.8	18.8	20.6	8.28	10.28	1.04	3.60	7.20	5.60	18.50	18.00
46	11.9	15.9	35.6	1.26	3.20	6.48	12.4	15.9	18.9	20.7	8.32	10.36	1.02	3.55	7.10	5.50	18.00	17.50
45	12.0	16.0	36.0	1.27	3.22	6.52	12.5	16.0	19.0	20.8	8.36	10.44	1.00	3.50	7.00	5.40	17.50	17.00
44	12.1	16.2	36.4	1.28	3.24	6.56	12.6	16.1	19.2	20.9	8.40	10.52	0.99	3.45	6.90	5.30	17.00	16.50
43	12.2	16.4	36.8	1.29	3.26	7.00	12.7	16.2	19.4	21.0	8.44	11.00	0.98	3.40	6.80	5.20	16.50	16.00
42	12.3	16.6	37.2	1.30	3.28	7.04	12.8	16.3	19.6	21.2	8.48	11.08	0.97	3.35	6.70	5.10	16.00	15.50
41	12.4	16.8	37.6	1.31	3.30	7.08	12.9	16.4	19.8	21.4	8.52	11.12	0.96	3.30	6.60	5.00	15.50	15.00
40	12.5	17.0	38.0	1.32	3.32	7.12	13.0	16.5	20.0	21.6	8.56	11.24	0.95	3.25	6.50	4.90	15.00	14.50
39	12.6	17.2	38.4	1.33	3.34	7.16	13.1	16.6	20.2	21.8	9.00	11.32	0.94	3.20	6.40	4.80	14.50	14.00
38	12.7	17.4	38.8	1.34	3.36	7.20	13.2	16.7	20.4	22.0	9.04	11.40	0.93	3.15	6.30	4.70	14.00	13.50
37	12.8	17.6	39.2	1.35	3.38	7.24	13.3	16.8	20.6	22.2	9.08	11.48	0.92	3.10	6.20	4.60	13.50	13.00
36	12.9	17.8	39.6	1.36	3.40	7.28	13.4	16.9	20.8	22.4	9.12	11.56	0.91	3.05	6.10	4.50	13.00	12.75
35	13.0	18.0	40.0	1.37	3.42	7.32	13.5	17.0	21.0	22.6	9.16	12.04	0.90	3.00	6.00	4.40	12.50	12.50
34	13.2	18.2	40.4	1.38	3.44	7.36	13.7	17.2	21.2	22.8	9.20	12.12	0.89	2.95	5.90	4.30	12.00	12.25
33	13.4	18.4	40.8	1.39	3.46	7.40	13.9	17.4	21.4	23.0	9.24	12.20	0.88	2.90	5.80	4.20	11.50	12.00
32	13.6	18.6	41.2	1.40	3.48	7.44	14.1	17.6	21.6	23.2	9.30	12.28	0.87	2.85	5.70	4.10	11.00	11.75
31	13.8	18.8	41.6	1.41	3.50	7.48	14.3	17.8	21.8	23.4	9.34	12.36	0.86	2.80	5.60	4.00	10.50	11.50
30	14.0	19.0	42.0	1.42	3.52	7.52	14.5	18.0	22.0	23.6	9.38	12.44	0.85	2.75	5.50	3.90	10.00	11.25
29	14.2	19.2	42.6	1.43	3.54	7.56	14.7	18.2	22.2	23.8	9.42	12.52	0.84	2.70	5.40	3.80	9.75	11.00
28	14.4	19.4	43.2	1.44	3.56	8.00	14.9	18.4	22.4	24.0	9.46	13.00	0.83	2.65	5.30	3.70	9.50	10.75
27	14.6	19.6	43.8	1.45	3.58	8.06	15.1	18.6	22.6	24.2	9.50	13.08	0.82	2.60	5.20	3.60	9.25	10.50
26	14.8	19.8	44.4	1.46	4.00	8.12	15.3	18.8	22.8	24.4	9.54	13.16	0.81	2.55	5.10	3.50	9.00	10.25
25	15.0	20.0	45.0	1.47	4.02	8.18	15.5	19.0	23.0	24.6	9.58	13.24	0.80	2.50	5.00	3.40	8.75	10.00
24	15.2	20.2	45.6	1.48	4.04	8.24	15.7	19.2	23.2	24.8	10.02	13.32	0.79	2.45	4.90	3.30	8.50	9.75
23	15.5	20.4	46.2	1.49	4.06	8.30	15.9	19.4	23.4	25.0	10.06	13.40	0.78	2.40	4.80	3.20	8.25	9.50
22	15.8	20.6	46.8	1.50	4.08	8.36	16.1	19.6	23.6	25.2	10.10	13.48	0.77	2.35	4.70	3.10	8.00	9.25
21	16.1	20.8	47.4	1.51	4.10	8.42	16.3	19.8	23.8	25.4	10.14	13.56	0.76	2.30	4.60	3.00	7.75	9.00
20	16.4	21.0	48.0	1.52	4.12	8.48	16.5	20.0	24.0	25.6	10.18	14.04	0.75	2.25	4.50	2.95	7.50	8.75
19	16.7	21.2	48.6	1.53	4.14	8.54	16.7	20.2	24.2	25.8	10.22	14.12	0.74	2.20	4.40	2.90	7.25	8.50
18	17.0	21.4	49.2	1.54	4.16	9.00	16.9	20.4	24.4	26.0	10.26	14.20	0.73	2.15	4.30	2.85	7.00	8.25
17	17.3	21.6	49.8	1.55	4.18	9.06	17.1	20.6	24.6	26.2	10.30	14.28	0.72	2.10	4.20	2.80	6.75	8.00
16	17.6	21.8	50.4	1.56	4.20	9.12	17.3	20.8	24.8	26.4	10.34	14.32	0.71	2.05	4.10	2.75	6.50	7.75
15	17.9	22.0	51.0	1.57	4.23	9.18	17.5	21.0	25.0	26.6	10.38	14.36	0.70	2.00	4.00	2.70	6.25	7.50
14	18.2	22.2	51.6	1.58	4.26	9.24	17.7	21.2	25.2	26.8	10.42	14.40	0.69	1.95	3.90	2.65	6.00	7.25
13	18.5	22.4	52.2	1.59	4.29	9.30	17.9	21.4	25.4	27.0	10.46	14.44	0.68	1.90	3.80	2.60	5.75	7.00
12	18.8	22.6	52															

AWARD LEVELS

GIRLS					
	1★	2★	3★	4★	5★
U6	15	35	60	80	100
U7	20	50	80	100	120
U8	35	65	90	110	130
U9	50	80	100	120	140
U10	65	95	115	135	150
U11	80	110	130	150	170
U12	95	125	140	160	180
U13	110	140	155	175	195
U14	115	145	160	180	200
U15	120	150	165	185	205
TINY TOTS	ACHIEVEMENT AWARD BADGE				
U16 & U17	ACHIEVEMENT AWARD BADGE				

BOYS					
	1★	2★	3★	4★	5★
U6	25	40	60	85	110
U7	30	50	80	105	130
U8	45	70	95	120	140
U9	60	90	110	130	150
U10	75	105	125	145	165
U11	90	120	140	160	180
U12	105	135	150	170	190
U13	120	150	165	185	205
U14	125	155	170	190	210
U15	130	160	175	195	215
TINY TOTS	ACHIEVEMENT AWARD BADGE				
U16 & U17	ACHIEVEMENT AWARD BADGE				

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ACHIEVEMENT AWARD - SEASON 2013/2014 APPLICATION FORM

NAME OF ATHLETE

DATE OF BIRTH/...../..... AGE GROUP BOYS/GIRLS

CENTRE

EVENT	PERFORMANCE	POINTS
1
2
3

ACHIEVEMENT AWARD LEVEL STAR BADGE REQUIRED YES/NO (\$1.50 enclosed) TOTAL

Verified Centre Recorder Date/...../.....

How the locals like it™



ACHIEVEMENT AWARD - SEASON 2013/2014 APPLICATION FORM

NAME OF ATHLETE

DATE OF BIRTH/...../..... AGE GROUP BOYS/GIRLS

CENTRE

TINY TOTS ATHLETIC ACHIEVEMENT BADGE REQUIRED - YES / NO (\$1.50 enclosed) TOTAL

JUNIOR ATHLETIC ACHIEVEMENT BADGE REQUIRED - YES / NO (\$1.50 enclosed) TOTAL

Verified Centre Recorder Date/...../.....



There's a local
IGA Supermarket
 near you



How the locals like it.

IGA	33 Gilbert Street ADELAIDE SA 5000 08 8211 8585	IGA Xpress	Lot 7 Old Port Wakefield Road DUBLIN SA 5501 08 8529 2400	IGA	48 Railway Terrace LAMEROO SA 5302 08 8576 3060	IGA	2 Main Street PORT VINCENT SA 5581 08 8853 7034
IGA	116 Hutt Street ADELAIDE SA 5000 08 8223 1112	IGA	7 Stuart Road DULWICH SA 5065 08 8364 1864	IGA	47 Herbert Street LAURA SA 5480 08 8663 2255	IGA	2 Seventh Street QUORN SA 5433 08 8648 6081
IGA	232 Hutt Street ADELAIDE SA 5000 08 8223 3114	IGA	26 Hamblynn Road ELIZABETH DOWNS SA 5113 08 8252 0300	IGA Fresh	457 Glynburn Road LEABROOK SA 5068 08 8364 5722	IGA	414 Milne Road REDWOOD PARK SA 5097 08 8263 6500
IGA	281 North Terrace ADELAIDE SA 5000 08 8223 0922	IGA	Shop 1, 100 Philip Highway ELIZABETH SOUTH SA 5112 08 8287 0744	IGA	6 Railway Terrace LOCK SA 5633 08 8689 1013	IGA	51 Torrens Road RIVERTON SA 5412 08 8847 2061
IGA	33A Fussell Place ALBERTON SA 5014 08 8341 2575	IGA	44 John Rice Ave ELIZABETH VALE SA 5112 08 8287 2877	IGA	26 East Terrace LOXTON SA 5333 08 8584 7111	IGA	18 Belvidere Road SADDLEWORTH SA 5413 08 8847 4222
IGA Fresh	232 Mt Barker Road ALDGATE SA 5154 08 8339 3844	IGA	45 Peachey Road ELIZABETH WEST SA 5113 08 8255 5635	IGA	Barossa Valley Highway LYNDOCH SA 5351 08 8524 4217	IGA Fresh	53-63 Northbrl Avenue SALISBURY EAST SA 5109 08 8258 2767
IGA	Flynn Drive ALICE SPRINGS NT 0870 08 8952 2383	IGA	445 Main North Road ENFIELD SA 5085 08 8262 3554	IGA	Robert Street MAITLAND SA 5574 08 8832 2611	IGA	9 Trinity Crescent SALISBURY NORTH SA 5108 08 8258 1506
IGA	6 Lindavale Drive ALICE SPRINGS NT 0871 08 8955 0511	IGA	15 Fannie Bay Place FANNIE BAY NT 0821 08 8981 5950	IGA	3 Wasleys Road MALLALA SA 5502 08 8527 2010	IGA	675 Brighton Rd SEACLIFF SA 5049 08 8296 3774
IGA	10 Linsay Ave ALICE SPRINGS NT 0870 08 8952 1740	IGA	175 Grange Road FINDON SA 5023 08 8345 5148	IGA	291 Unley Road MALVERN SA 5061 08 8271 1922	IGA	Main Street SEDAN SA 5353 08 8565 2041
IGA	3 Hearn Place ALICE SPRINGS NT 0870 08 8952 2988	IGA	48 Gladstone Street GLADSTONE SA 5473 08 8662 2199	IGA Fresh	Unit 12 Mannum Road MANNUM SA 5238 08 8569 2406	IGA	52 Semaphore Road SEMAPHORE SA 5020 08 8449 8275
IGA	Main Street ANDAMOOKA SA 5722 08 8672 7034	IGA	1 Cliff Street GLENELG EAST SA 5045 08 8295 8294	IGA	46 Princes Highway MENINGIE SA 5264 08 8575 1431	IGA Fresh	81-83 Oaklands Road SOMERTON PARK SA 5044 08 8295 6358
IGA	7 The Avenues ATHOL PARK SA 5012 8244 8509	IGA	43 The Broadway GLENELG SOUTH SA 5045 08 8295 2027	IGA	79 George Street MILLICENT SA 5280 08 8733 2411	IGA	Shop 2, 533 Marion Road SOUTH PLYMPTON SA 5038 08 8293 6118
IGA	9 Main North Road AUBURN SA 5451 08 8849 2111	IGA Fresh	297 Glen Osmond Road GLEUNGA SA 5064 08 8433 9000	IGA Fresh	14 Main Street MINLATON SA 5575 08 8853 2306	IGA	2 St Vincent Street STANSBURY SA 5582 08 8852 4208
IGA	715 South Road BLACK FOREST SA 5035 08 8293 3120	IGA	Glynnville Drive HACKHAM WEST SA 5163 08 8384 5505	IGA Fresh	Cnr Babbacombe & Commercial Rd MOANA SA 5169 08 8327 2755	IGA Fresh	29 Mt Barker Road STIRLING SA 5152 08 8339 1984
IGA	40 Stephens Street BOULEROO CENTRE SA 5482 08 8667 2217	IGA Fresh	Shop 2, 13-15 Mt Barker Road HAHNDORF SA 5245 08 8388 1922	IGA Fresh	171 Elizabeth Road MORPHETT VALE SA 5162 08 8384 5378	IGA	24 Dawson Street STRATHALBYN SA 5255 08 8536 2255
IGA Fresh	Cnr Brighton/Keelara Street BRIGHTON SA 5048 08 8296 8211	IGA Fresh	16a Henley Beach Road HENLEY SOUTH SA 5022 08 8353 0340	IGA	11 Denham Ave MORPHETTVILLE SA 5043 08 8376 7932	IGA	Alfred Tce STREAKY BAY SA 5680 08 8626 1002
IGA Fresh	652 Williams Street BROKEN HILL NSW 2880 08 8087 6088	IGA	453 Fullarton Road HIGHGATE SA 5063 08 8271 5839	IGA Fresh	50 Wellington Road MOUNT BARKER SA 5251 08 8391 4370	IGA	99 Thevenard Road THEVENARD SA 5690 08 8625 2175
IGA	Shop 2-5 / 91 Torrens Road BROMPTON SA 5007 08 8346 4488	IGA	2/746 North East Road HOLDEN HILL SA 5088 08 8264 8767	IGA	Main Road MOUNT COMPASS SA 5210 08 8556 8618	IGA	20 Heysen Drive TROTTS PARK SA 5158 08 8387 8699
IGA Fresh	289 Henley Beach Road BROOKLYN PARK SA 5032 08 8443 8154	IGA	290 Whitewoods Road HOWARD SPRINGS NT 0835 08 8983 1051	IGA Fresh	159-161 Adelaide Road MURRAY BRIDGE SA 5253 08 8531 0090	IGA Fresh	5 Spencer Street TUMBY BAY SA 5605 08 8688 2010
IGA	Commercial Street BURRA SA 5417 08 8892 2348	IGA	181 King William Road HYDE PARK SA 5061 08 8271 2825	IGA	118 Swanport Road MURRAY BRIDGE SA 5253 08 8532 1971	IGA	96 Old Port Wakefield Road TWO WELLS SA 5501 08 8520 2760
IGA	9 High St BUTE SA 5560 08 8826 2010	IGA	58 Ayr Street JAMESTOWN SA 5491 08 8664 1128	IGA	Captain Cook S/Cntr, Arnhem Road NHULUNBUY NT 0881 08 8987 2400	IGA	Shop 10, 68-78 Victora Street VICTOR HARBOR SA 5211 08 7522 4530
IGA Fresh	610 Lower North East Road CAMPBELLTOWN SA 5074 08 8337 3011	IGA	Goyder Street KADINA SA 5554 08 8821 1173	IGA	104 Morphett Road NOVAR GARDENS SA 5040 08 8294 5277	IGA	117 Walkerville Terrace WALKERVILLE SA 5081 08 8344 1086
IGA	100 Gulfview Road CHRISTIES BEACH SA 5165 08 8382 1355	IGA	52-58 Main Street KAPUNDA SA 5373 08 8566 2003	IGA	93 Main South Road O'HALLORAN HILL SA 5158 08 8322 3358	IGA	39 Main Street WAROOKA SA 5577 08 8854 5008
IGA	248-252 Hampstead Road CLEARVIEW SA 5085 08 8359 0880	IGA	23 Railway Terrace KAROONDA SA 5307 08 8578 1165	IGA	18 Second Street ORROROO SA 5431 08 8658 1092	IGA Fresh	10/470 Kensington Road WATTE PARK SA 5066 08 8364 3848
IGA Fresh	28 Hutchison Street COOBER PEDY SA 5723 08 8672 5272	IGA	35 Hender Street KEITH SA 5267 08 8755 1270	IGA Fresh	Shop 13, 293-305 Nelson Road PARA VISTA SA 5093 08 8263 7188	IGA	McRitchie Crescent WHYALLA STUART SA 5608 08 8649 3003
IGA	11 Main Street COWELL SA 5602 08 8629 2125	IGA	398 Magill Road KENSINGTON PARK SA 5068 08 8333 1293	IGA Fresh	Cnr Martins Rd & Shepherdson Rd PARAFIELD GARDENS SA 5106 08 8285 1911	IGA	Yulara Shopping Square YULARA NT 0872 08 8957 7888
IGA	42-44 Railway Terrace CUMMINS SA 5631 08 8676 2004	IGA	1 Railway Terrace KIMBA SA 5641 08 8627 2015	IGA	Lot 149 Middle Terrace PENNESHAW KI SA 5222 08 8553 1023		
IGA	2782 Smith Street DARWIN NT 0800 08 8981 9206	IGA	32 Holland Street KINGSTON SE SA 5275 08 8767 2020	IGA Fresh	27 Church Street PENOLA SA 5277 08 8737 2205		
IGA	550 Goodwood Road DAW PARK SA 5041 08 8276 3983	IGA	68 Railway Terrace LAMEROO SA 5302 08 8576 3008	IGA	27 Harvey Street PORT BROUGHTON SA 5522 08 8635 2773		